## Adult Star & ALTFS Schedule 2023/2024 Season (Spring)



Monday	Tuesday	Wednesday
Adult STAR (5:00-6:40 pm)		Adult STAR (5:00-6:40 pm)
5:00-5:15 pm Group Development		5:00-5:15 pm Group Development
5:15-6:00 pm Freeskate		5:15-6:00 pm Freeskate
6:10-6:40 pm Off Ice		6:10- 6:40 pm Off Ice (Dance)
ALTFS (5:00-6:40 pm)		ALTFS (5:00-6:40 pm)
5:00-5:15 pm Group Development		5:00-5:15 pm Group Development
5:15-6:00 pm Group Lesson		5:15- 6:00 pm Group Lesson
6:10-6:40 pm Off Ice		6:10- 6:40 pm Off Ice (Dance)

Thursday	Friday	Saturday
Adult STAR (4:15-6:45 pm)		Adult STAR (12:25-2:45 pm)
4:15-5:00pm Off Ice		12:25-1:05 pm Off Ice
5:15-5:30pm Group Development		1:15-1:30 pm Group Development
5:30-6:00pm Skills & Dance Group		1:30-1:45 pm Skills/Dance
6:00-6:45 pm Freeskate		1:45-2:45 Free Skate
		ALTFS(12:30-2:30 pm)
		12:30-12:45 Skills/Dance
		12:45-1:15 pm Group Lesson
		1:15-1:30 pm Group development
		1:30- 2:15 pm Off Ice

<sup>\*</sup>subject to change