



2023-2024 SKATING SEASON



Skaters of the month!!!

Pre-can: Malcolm Prediger

CanSkate: Yasmine and Narmin Harmoud

PreStar: Keiranjit Panghali

StarSkate: Ruby Turnell

Adult: Blair Ross

Hello Club Members,

It is hard to believe it's already November and our skaters have been on the ice for two months. F8SC has some exciting events coming up, including the Element & Rising Star Event, Assessment Day, and the annual Winter Gala (December). Planning for a team building event in early December is in the works so please watch your email for the latest updates!

The F8SC Board has welcomed two new members: Kari Kerychuk, Volunteer Coordinator, and Candice Marinder, Fundraising & Casino Coordinator. Thank you for volunteering to fill these key positions on the board, we are happy to have you.

I would like to extend a Thank You to outgoing board member Regan Barford. Regan has served in the Treasurer position for the last couple of years and kept our finances in order. Don't worry, Regan isn't leaving F8SC, you will still see her on the ice coaching our skaters!

~Erin Turnell, F8SC President

Winter Registration

Winter registration for CanSkate, PreCanSkate and Adult/Teen Skate is now OPEN! Classes start January 8th, 2024. Register to save your spot!

Click [here](#) to register!



CanSkate Element Event

We will be having our CanSkate Element Event on November 18, 2023 from 11:30 am – 12:15 pm. Regular CanSkate, PreCanSkate and Adult/Teen classes will not be running on that day. This event is for our Learn-to-Skate participants; including PreCanSkate, CanSkate and Adult/Teen Skate. Skaters will test their skills on various elements, while a panel of coaches assess their performance. There will be a Fun Zone on the ice while skaters are waiting their turn. Everyone will receive a certificate and an opportunity for a picture on the red carpet! This event is just for fun and is an excellent opportunity for skaters to get the feel of an assessment in a positive team environment. This event is included in your registration fees. If you want to participate in the event please fill out the form below (deadline to sign up Nov 11th). Click [here](#) to sign up!

Rising Star Event

We will be having our Rising Star Event November 18, 2023 for Junior STARSkate, PreSTAR and Adult LTFS skaters. The showcase will run from 12:15 pm until 1:15 pm. This event will give the skaters a chance to showcase their skills. If your skater is interested in participating in this event, fill out the form below (deadline to sign up Nov 1st). Late registrations will be accepted at the discretion of the Skating Director based on scheduling and availability. Off-ice dance class will still run on Nov 18th during the Rising STAR event- adjusted times will be communicated when the Rising STAR Schedule is sent out. Click [here](#) to sign up!

Summer Ice Survey

We know that the snow has just started to fall but behind the scenes, we have to start planning for our spring and summer programs! Please provide your feedback to the survey linked below for summer programming. Your feedback is extremely valuable and will be used to help us plan and is not a commitment. Even a simple "yes" or "no" helps us gauge interest in the programming. The [survey](#) should take less than 2 minutes to complete.

Figure 8 Skating Club team building event:

As a team building event for this season, the club is planning a day trip to Calgary for skaters to watch Nationals in January. To gauge interest, please fill out the [survey](#) so we can have an idea if this is something we should pursue further. Thank you!



Volunteers needed!!!

Who makes it possible for our members to skate? You do! And we still need your help; sooo...

Figure 8 is a non-profit organization, and we need help from all members to keep it going! Each skater (or their responsible family member) is required to complete volunteer activities totalling 12 credits (or alternatively, can purchase the volunteer buyout). If you haven't signed up for a volunteer task, these positions are still available:

Awards Banquet Coordinator - Credits - 12 Credits

Organize and coordinate the Awards Banquet and AGM, including coordinating the food and other logistics. Date will be in Fall 2023, to be determined.

Dress and Equipment Sale Page Administrator - 12 Credits

Monitor and approve posts to our club equipment and dress sale page. Review submissions to the page for completeness (size, price, condition, how payment can be made (cash or e-transfer), and photos (including that they are skating or off-ice dryland items). Approve in a timely manner after posting by sellers, and remove posts if out of date or sale has been completed and seller has not done so.

Fundraising Assistant - 12 Credits -

Assist the Fundraising Coordinator to research and apply for grants, and/or assist with other fundraising opportunities as they arise, such as helping to organize online raffles (as well as assistance with coordinating casino volunteers in a casino year). Note that there are two volunteers assigned to this role.

Party Organizer (Winter 1) - 6 Credits

Organize and coordinate a team building party for all STARSkate and PreSTAR skaters during the beginning of fall session (September/October) - for 2023, this will be a November/December party. This includes finding a party location, working with the Event Coordinator board member to book it, communicating the details to skater parents and coordinating all the other logistics of the event. You will have help from respective Board members and other volunteers, so your main job will be to plan the party. Past events have included bowling, wall climbing, pottery painting, laser tag, launchpad, etc.

Social Media - Events - 12 Credits

Develop a fun, positive and professional presence on social media (Instagram, Facebook) by taking pictures and some videos of all Club events, and creating posts, reels and stories to showcase these events, also create a post prior to the event using the poster created by the poster volunteer. Events include Learn to Skate & Rising Star Element Event (November/March), Team Building Events (September/March), Assessment Days (December/April/June), Winter Gala & Family Fun Skate (December), Ice Show (June) and any other events, workshops or clinics held by the club. Should have an interest in social media and experience/ willingness to learn. This role is supported by the Marketing & Communications board member.

Social Media - Skater Achievements - 12 Credits

Develop a fun, positive and professional presence on social media (Instagram, Facebook) by taking pictures and some videos of skaters and their achievements, and by receiving pictures from coaches and Skating



Director of skater assessment and competition achievements, to create posts, stories, and reels to celebrate these achievements, showcasing skaters who do well at competitions and/or win awards with a special post, showcasing skaters who have graduated school with a special post, as well as posting about any other skater or Club achievements. This volunteer should have an interest in social media and experience or willingness to learn. This role is supported by the Marketing & Communications board member.

Party Organizer (Winter 2) - 6 Credits

Organize and coordinate a team building party for all STARSkate and PreSTAR skaters during the beginning of fall session (March). This includes finding a party location, working with the Event Coordinator board member to book it, communicating the details to skater parents and coordinating all the other logistics of the event. You will have help from respective Board members and other volunteers, so your main job will be to plan the party. Past events have included bowling, wall climbing, pottery painting, laser tag, launchpad, etc.

Ice Show Costumes - 6 Credits

Work with other costume volunteers to supply simple costumes for the group numbers of the Ice Show. Determine what is available in the inventory of costumes in the storage room (list available), what will need to be purchased and what will require light sewing. Create costumes, make a costume package for each skater and assist with costume distribution prior to the dress rehearsal of the Ice Show. The Ice Show will be held on Saturday, June 15th, 2024 in the Spring session, and the dress rehearsal will be during the week leading up to it.

If you haven't signed up yet, or if you're unsure of what you DID sign up for, please reach out to the F8SC Volunteer Coordinator, Kari, at volunteercoordinator@figure8skating.ca or click [here](#).

PreSTAR and STARSkate Parents:

View our new resource page on our website to view this seasons parent resource guide
<http://figure8skating.ca/resources/>

Did you Know?

Skaters in STARSkate can purchase drop-in ice

\$8 for members- Tuesdays from 5:15PM to 6:00PM (Half-ice)

\$18 for members

Please email skatingdirector@figure8skating.ca for approval prior to purchasing drop-in ice



Monthly- Meet a coach!!!

This month Figure 8 Skating Club is excited to introduce two important individuals on our coaching team, our CanSkate Coordinators. Justine Toppin and Cassidy Connell are a dynamic duo who bring their passion and love for skating to their coaching. They are committed to ensuring that all skaters are having a fun and rewarding experience each time they step on the ice. Please take a minute to meet our CanSkate Coordinators and give them a “wave” the next time you see them on the ice!

Justine Toppin



Hi everyone,

My name is Justine and I have been a figure skating coach for 15 years, as a NCCP Regional Certified Coach.

My skating journey began with the Stony Plain Skating Club – where I skated for many years before becoming a coach. During my university years, I coached at a number of clubs in the Edmonton area, including Stony Plain Skating Club, Ice Palace Figure Skating Club, Sherwood Park Skating Club and Evansburg Skating Club. This was a busy time – coaching up to 6 days and 11 CanSkate sessions a week!

This is my eighth year with the Figure 8 Skating Club and fourth year as the CanSkate Coordinator, which I split this season with Coach Cassidy. As Ice Show Coordinator with the club, I planned Broadway on Ice in 2019, and Disney Comes to Ice in 2022. My favorite classes to teach are the Learn-to-Skate programs - especially the beginner PreCanSkate skaters. I additionally love coaching our Senior STARSkate skaters on their final STAR 9 - Gold dances.

Figure skating has always been a large part of my life. I can often be found watching figure skaters compete around the world - both online and in person. I have cheered on Team Canada 6 times at the World Figure Skating Championships and a number of other smaller events.

When I'm not at the rink, I'm working full time as a Priority Issues Coordinator with Alberta Environment and Protected Areas focusing on Environment Policy.

I was born and raised in Stony Plain, now living in Edmonton. Outside of work and skating I love to spend my time exploring the mountains, attending the latest festival, reading a good book and trying to control my zoo of pets (three cats and a dog).

I'm looking forward to another great season with Figure 8!



Cassidy Connell



Hello,

I am Cassidy, one of the CanSkate Coordinators and a StarSkate coach with Figure 8 Skating Club. This is my fourth season with the club.

My passion for skating started 22 years ago in my hometown of Valleyview, AB. As my skating skills improved and I grew as a skater, I started to make daily/weekly commute to Grand Prairie, AB to further my training. My skating experience has taken me all over and includes several awards and achievements. My most accomplished award is the Triple Gold Award from the Alberta Figure Skating Foundation (Skills, Dance, & Artistic)! I have also been a member of the Edmonton Synchronized Skating Club for the last two years.

I have been coaching for five years and am a Certified Regional Coach. I am currently working on my Star 6 Gold Assessor certificate for skills. As a coach, I am continuously adapting to different learning styles and techniques so I can better assist my skater's learning experience. My inspiration and knowledge for coaching comes from the numerous past and present coaches and I love to pass this on to my own students.

A few fun things about me (that does not involve the ice!) include my interest in football. I played on my high school team, and we won the Hart Bowl trophy two years in a row. I am an avid traveler and have been to several places including Ireland, Scotland, Belgium, Paris, and Nicaragua. I am also a very proud cat-parent to Mr. Bizz.


I am excited to work with you on the ice!



<p>NO REGULAR CLASSES:</p> <p>Saturday, Nov 11th</p> <p>UPCOMING EVENTS:</p> <p>Rising Stars Event - Nov 19</p> <p>CanSkate Element Event- Nov 19</p> <p>High Assessment Day- November 30</p> <p>Family Fun Skate - Dec 17</p> <p>Winter Gala - Dec 17</p> <p>Connect with us on FACEBOOK, and INSTAGRAM for club news and updates!</p> <p>Also check out our WEBSITE!</p> <p>Office Hours: Wednesdays 5:30-6:30 Saturdays 11:15-12:15</p> <p>No Office Hours: Dec 16th Jan 26th Mar 9th</p>	<p>BOARD OF DIRECTORS (2023-2024)</p> <p>President - Erin Turnell president@figure8skating.ca</p> <p>Treasurer - Jason Chu treasurer@figure8skating.ca</p> <p>Secretary - Laura Delahaye</p> <p>Assessment Coordinator - Diane Slauenwhite assessment.coordinator@figure8skating.ca</p> <p>Program Coordinator - Josh Baergen programs@figure8skating.ca</p> <p>Volunteer Coordinator - Kari Kerychuck volunteercoordinator@figure8skating.ca</p> <p>Communications & Marketing - Sherry Prokopuk</p> <p>Event Coordinator & Club Spirit- Asif Ali</p> <p>Casino Coordinator - Candice Mirander fundraising@figure8skating.ca</p> <p>Coach Representative - Justine Toppin</p>	<p>COACHES</p> <p>Abby Kozma (Skating Director) skatingdirector@figure8skating.ca</p> <p>Justine Toppin (CanSkate Coordinator Mon/Sat) canskatecoordinator@figure8skating.ca</p> <p>Cassidy Connell (CanSkate Coordinator Tue/Wed) connellcassidy@gmail.com</p> <p>Brittany Forsyth skatecoachbrittany@gmail.com</p> <p>Regan Barford reganbarford@hotmail.com</p> <p>Abby Hill abby.kat.hill@gmail.com</p> <p>Lana Bezik lane.bezik@gmail.com</p> <p>Chloé Gauvreau - CanSkate chloegauvreau@gmail.com</p> <p>Rochelle Beekman - CanSkate rochbeekman@gmail.com</p> <p>Claire Slauenwhite - CanSkate claireslaunenwhite@gmail.com</p> <p>Charlotte Prokopuk - CanSkate charlotteprokopuk@gmail.com</p> <p>Elleah Maurer - CanSkate elleahmaurer@shaw.ca</p> <p>Ariana Filiplic - CanSkate ariana.filiplic1@gmail.com</p>
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Figure 8

SKATING CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6	7	8	9	10	11 Remembrance Day No skating! 
12	13	14	15	16	17	18 Rising Star and CanSkate Element Events
19	20	21	22	23	24	25
26	27	28	29	30 Assessment Day Star 6- Gold You got this!!	1	2



**November 30th is our high assessment day for
Star 6 to Gold Dance, Artistic and Free Skate!**

Good Luck to our skaters!!