

# What to Expect at Skating

Spring 2021



Figure 8 Skating Club is committed to ensure that all regulations are followed so that skating remains a safe activity for your child to stay fit and active while having fun.

## Skate Canada Waiver

Prior to participating, **all skaters must fill out a [Skate Canada Waiver](#)** and email it to [info@figure8skating.ca](mailto:info@figure8skating.ca) (preferred) or bring it to the first day of class. Skaters will not be able to participate without a waiver. If this waiver was filled out in the Fall, you do not need to fill it out again.

## Health Screen

All participants will be required to submit a health screen each day they come to class. The health screen will be completed online, and the link is available on our website under [Health Screen](#). **Please save this link, as you will need it for each class.** The submission of the health screen will be checked by a volunteer before the skater will be able to participate.

## Spectators

Spectators are not currently permitted in the building as per City of Edmonton and Skate Canada restrictions. However, parents of younger skaters are permitted to come into the building to help to tie skates and ensure their skater takes to the ice safely. However, then parents must leave the facility until the conclusion of the session. We ask that parents or guardians of CANSkater participants who are under the age of 12, remain in their car in the parking lot so that they can be easily contacted if required. Please note that the phone number of the parent/guardian will be written on CANSkate participant nametags.

## Skates On

Skaters are highly encouraged to **arrive with their skates on** and fully dressed in their skating attire. Dressing rooms remain closed. However, skaters are permitted to use the stands to put on skates, provided they spread way out, being sure to keep at least **3 meters** apart from all others.

The use of washrooms and dressing rooms is not recommended for changing into skating attire. It is recommended that skaters use the washroom prior to leaving home. Skaters and families should bring minimal belongings to the arena. Please do not bring food.

## Physical Distancing and Skater Assistance

All skaters must keep a **3 meter** distance from others while in the facility, including while on the ice. Coaches will not be able to provide hands on assistance to skaters. CANSkate participants

must be able to fall down, stand up and move forward without assistance. If you have any questions on your skater's abilities prior to registering, please contact our CANSkate Coordinator ([figure8skatingclub@gmail.com](mailto:figure8skatingclub@gmail.com)).

According to Provincial guidelines, class sizes will be limited to 10 including coaches. For CANSkate and PreSTAR, the ice will be divided in half, with one group of 10 on each half. These groups will not interact while on the ice.

### Masks

Masks are required for entry into Kenilworth arena. While on the ice, masks are optional for skaters. However, masks will be worn by coaches at all times. Despite wearing a mask, all participants must maintain **3 meters** of physical distance from others. Hand sanitizer should be used when putting on and removing masks and cloth masks should be washed between uses.

### Kenilworth Facility

Upon arrival you will be greeted by a City of Edmonton attendant. Please sanitize your hands upon entry and then approach the volunteer at the Figure 8 Skating Club table to check in. Your skater will be checked to ensure the Skate Canada waiver has been received and daily health screen has been submitted.

Facility staff at Kenilworth arena will be cleaning high touch areas.

We ask for your patience as we work through these restrictions and protocols together. We will update you with more information if things should change. Figure 8 Skating Club is committed to skaters being physically active and having fun while staying safe.