



# What to Expect at Skating

Fall 2020

Skating will look a bit different this fall as we adjust to the new regulations and protocols put in place by the Alberta Health Services, the City of Edmonton and by Skate Canada. Figure 8 Skating Club is committed to ensure that all regulations are followed so that skating remains a safe activity for your child to stay fit and active while having fun.

## Skate Canada Waiver

Prior to participating, **all skaters must fill out a [Skate Canada Waiver](#)** and email it to [info@figure8skating.ca](mailto:info@figure8skating.ca) (preferred) or bring it to the first day of class. Skaters will not be able to participate without a waiver.

## Mandatory Meeting

All registered skaters and their parent/guardian must attend the Parent/Skater Mandatory Meeting, to be held over Zoom prior to the first day of classes. In this meeting we will be going over the Return to Skating protocols and what to expect. Please plan to attend.

- **STARSkate & PreSTAR:** Monday, August 31 at 7 pm ([Zoom Link](#))
- **CANSkate:** Tuesday, September 8 at 7 pm ([Zoom Link](#))

## Health Screen

All participants will be required to submit a health screen each day they come to class. The health screen will be completed online, and the link is available on our website under [Health Screen](#). **Please save this link, as you will need it for each class.** The submission of the health screen will be checked by a volunteer before the skater will be able to participate.

## Contact Tracing

Skater attendance will be taken each day by a volunteer at the entrance of the facility. Parents/guardians and any other spectators who are in the facility for more than 15 minutes will also have to provide their contact information to the volunteer for contact tracing purposes. We ask that you limit the number of spectators.

## Physical Distancing and Skater Assistance

All skaters must keep a 2 meter distance from those outside their cohort family and from coaches. Figure 8 Skating Club is not currently operating as a sport cohort, and so this distance must be maintained between all participants. **Coaches will not be able to provide hands on assistance to skaters.** CanSkate participants must be able to fall down, stand up and move forward without assistance. If you have any questions on your skater's abilities prior to registering, please contact our CanSkate Coordinator ([figure8skatingclub@gmail.com](mailto:figure8skatingclub@gmail.com)).

Parents/guardians should also maintain a 2 metre distance from others not in their cohort family.

### Masks

Masks are required in all City of Edmonton facilities, including Kenilworth arena. Masks will be worn by the coaches, volunteers, and spectators over the age of 2 years old. Skaters are not required to wear masks while they are on the ice as it is not recommended for physical activity. However, skaters are still required to wear a mask when they enter the facility until they are on the ice. Hand sanitizer should be used when putting on and removing masks and cloth masks should be washed between uses.

The City of Edmonton has released more details on the requirement to wear a mask within their facilities. Please read through this document: [Face Covering Bylaw with Indoor City Spaces](#)

### Skating Attire

Skaters should arrive **with their skates on and fully dressed in their skating attire**. Once the weather changes and there is snow and/or ice in the parking lot, skaters may put their skates on in the facility. STARSkaters will use the designated dressing rooms and remain physically distanced. PreSTAR participants will put their skates on at the west end of the stands. CANSkate participants will put their skates on at the middle and east end of the stands. Please ensure that your family cohort group is physically distanced while putting on skates. Skate guards must be worn by all participants until they are on the ice.

Clean gloves must be worn every day, so we recommend that each skater has several pairs of gloves that can be switched out to be washed between classes. Skating attire should be clean and washed between classes.

The use of washrooms and dressing rooms is not recommended for changing into skating attire. In addition, it is recommended that skaters use the washroom prior to leaving home.

### Bags and Belongings

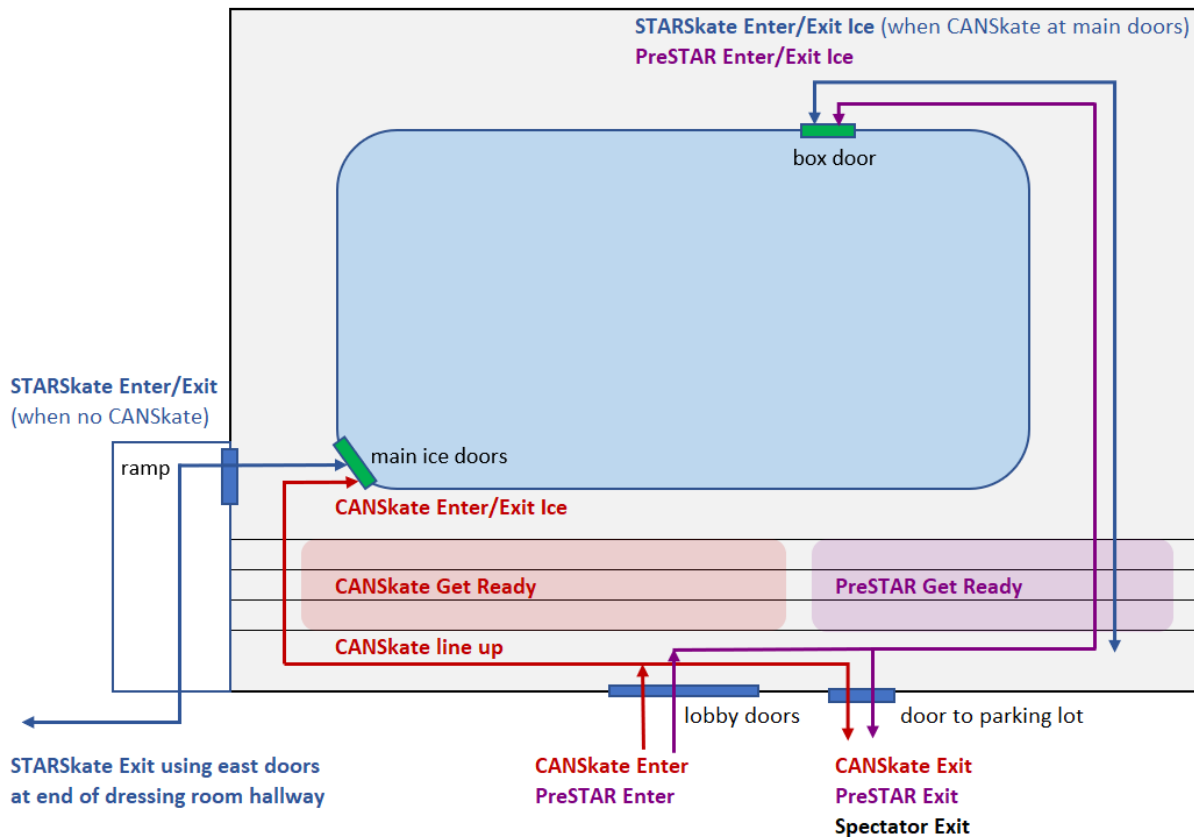
It is recommended that skaters and families bring minimal belongings to the arena. Please do not bring food. Absolutely no sharing of food or water bottles between skaters.

### Kenilworth Facility

Arena users will be required to physically distance while they are in the facility. Please check in with the volunteer at the entrance when you arrive. Your skater will be checked to ensure that the waiver has been submitted and the online health screen has been submitted. Attendance and contact information will be taken for contact tracing purposes for all skaters/spectators. Please limit the number of spectators. Spectators must physically distance while in the stands.

STARSkate participants will be directed to designated dressing rooms prior to on-ice sessions and return to the dressing rooms afterward. PreSTAR participants will be directed to the west end of the spectator area. CANSkate participants will be directed to the east end of the spectator area. All skaters will be socially distanced while waiting to go onto the ice and will be directed by coaches to line up and to safely go onto the ice. To reduce congestion in the lobby, spectators, CANSkate participants and PreSTAR participants will exit using the Emergency Exit on the east side of the facility to the east parking lot. STARSkate participants will exit out of the east doors at the end of the dressing room hallway.

### Kenilworth Arena Traffic Flow



Facility staff will be cleaning high use areas and hand sanitizer will be available. For more information, please refer to the [City of Edmonton Arena Guidelines](#).

We ask for your patience as we work through these new guidelines and protocols together. We will update you with more information as it becomes available. Figure 8 Skating Club is committed to skaters being physically active and having fun while staying safe.