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Artistry, Choreography & Performance Clinic

Conducted By Antoinette Hempel-Bakker and Leonard Bakker

Introduction to Pole Harness lessons By Leonard Bakker

Kenilworth Arena, Saturday March 16, 2019

12:40pm registration 1:00 - 3:00 pm On Ice class

3:15-4:00 pm Off Ice class followed by a Question & Answer period



Unleash your inner superstar and wow the crowd. Antoinette will aim to improve your skating artistry and performance through developing your ability to bring any audience into the heart of your story. Leonard will introduce you to pole harness work for improving and acquiring your jumps accompanied with video review.

Antoinette and Leonard have 14 years of combined professional skating and performing experience along with 20 years of combined coaching experience. Performing in front of millions of people in over 50 countries on 6 continents as principle soloists and pairs, specialized characters and ensemble routine skaters. Antoinette was a national competitor in Great Britain 6 times in Singles and is a National Level Coach and Choreographer for National and International Competitors.

Leonard was a Canadian national competitor 6 times, including Sr. Men and Pairs. Has 5 Gold level tests and is currently a National Level Coach and Choreographer for National Competitors.

Antoinette and Leonard currently coach full time and draw from their professional experience to enhance their teachings, they are looking forward to sharing their experience with you.

