



Figure 8 Skating Club



JANUARY

2017-18 SKATING SEASON

Happy New Year to everyone and welcome back to the skating season! A big welcome to all our new members as well!

For all of our new Pre Can and Canskaters, any information you would like to know about the program can be found on our website www.figure8skating.ca or at skatecanada.ca. Please don't hesitate to ask one of our certified coaches any questions you may have! You can also email us at info@figure8skating.ca. You will notice that we have stations set up on the ice, with a Fast Track set up around the ice. The skaters will rotate to the different stations, which work on the fundamentals of Balance, Control, and Agility, ending with a Fun Zone for games at the end of the session. Please see the third page of the newsletter for details about ribbons and badges.

For everyone who had ordered club jackets or hoodies, most of them have arrived and are available for pick up in the club office. The entire order should be here by the end of next week. Any questions please contact Colleen at cadamic@telus.net.

Is your skater interested in 'Fast Tracking' through their Pre Can, Canskate, or IFS stages? Through our new 'Mini Private' lessons, your skater will get the opportunity to work one on one with one of our certified coaches. Sign up sheets will be available the week prior to the session, where you can sign your skater up for a 5min Mini Private for a cost of \$3.00. The fee includes the 5min lesson time plus 10min practice time. Limited spots are available and will be at a first come first serve basis. Lesson times are as follows:

Monday Pre Can/Canskate/IFS: 5:45-6:00pm
Saturday Pre Can/Canskate/IFS:
12:15-12:30pm
Sunday Pre Can/Canskate/IFS:
10:00-10:15am



NO SKATING: Sunday
Jan. 21 for all Sunday
skaters.



**LIKE US ON FACEBOOK
AND CHECK OUT OUR
WEBSITE!**

**https://
www.facebook.com/
figure8skating/
http://figure8skating.ca**



Huge thanks to Bruce Poon for
being our photographer at our
Christmas Gala in December! Want
to see the pics? Click [HERE](#)

2017-2018 Executive

President:
Renee Gauvreau

Vice President:
Sandy Marsh

Treasurer:
Alexia Pulfer

Test Chairperson:
Lyrisa Payne

**Secretary/Volunteer
Coordinator:**
Anj Augert

Casino Representatives:
Sandy Marsh/David Doorn

Registration:
Michelle Grant

Ice Allocation:
Sandra Marsh

Skating Director:
Ashlee Roger

Coaches

Ashlee Roger
fscoach03@gmail.com

Jennifer Yungwirth
jensabs@hotmail.com

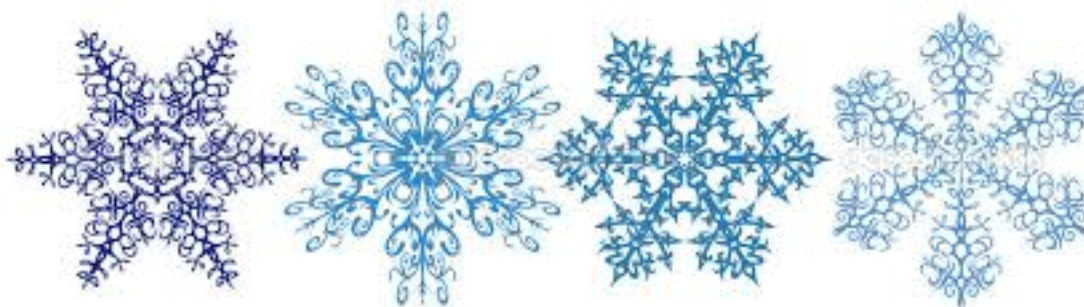
Morgan Black
morganb1120@gmail.com

Carey-Leal Janvier
cleal-janvier@telus.net

Alexandra Marsh
marshaj@shaw.ca

Justine Kummer
kummer@ualberta.ca

Brielle Pulfer
briellep99@gmail.com



JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 First day of all classes
7	8	9 Board Meeting @6pm	10	11	12	13
14	15	16	17	18	19	20
21 No skating	22	23	24	25	26	27 Beach Theme Day
28 Beach Theme Day	29 Beach Theme Day	30	31			



The Canskate Progression At A Glance

Skaters will progress through the six stages in Canskate at their own pace. Each stage has specific skills skaters must achieve in order to pass. Skaters work on skills in Fundamental Areas of **Balance, Agility, and Control**. Skaters will receive a ribbon for each Fundamental Area if they have completed all of the skills in it. Once skaters have completed all Fundamental areas, they will receive a badge for the complete stage passed.

