

IFS AND JR ACADEMY SCHEDULE

Fall/Winter 2017/2018

****Schedule subject to change without notice****

TIME	MONDAY	THURSDAY	TIME	SATURDAY	SUNDAY
	Kenilworth Arena	Kenilworth Arena		Kenilworth Arena	The Meadows Rec Centre
4:15 PM	IFS OFF ICE		11:00 AM		IFS
4:30 PM	IFS OFF ICE		11:15 AM		IFS
4:45 PM	(BREAK)		11:30 AM		IFS
5:00 PM	STROKING (IFS)		11:45 AM		IFS INDEPENDANT PRACTICE
5:15 PM	IFS	STROKING (JR ACADEMY)	12:00 PM		
5:30 PM	IFS	JR ACADEMY	12:15 PM	D/IFS	
5:45 PM	IFS INDEPENDANT PRACTICE	JR ACADEMY	12:30 PM	D/IFS	
6:00 PM		JR ACADEMY INDEPENDANT PRACTICE	12:45 PM	D/IFS INDEPENDANT PRACTICE	
6:15 PM		(BREAK)	1:00 PM	D/IFS STROKING	
6:30 PM		OFF ICE (6:20-6:50PM)	1:15 PM	BREAK	
6:45 PM		OFF ICE (6:20-6:50PM)	1:30 PM	OFF ICE	
7:00 PM			1:45 PM	OFF ICE	

LEVEL CLARIFICATION:

JR. ACADEMY: FOR SKATERS AGE 9 AND UNDER. SKATERS MUST SKATE AT LEAST 2 DAYS PER WEEK. APPROVAL FROM THE SKATING DIRECTOR IS REQUIRED BEFORE REGISTERING.

IFS: INTRODUCTION TO FIGURE SKATING. SKATERS MUST HAVE PASSED THE FULL STAGE 3 CANSKATE BADGE. APPROVAL FROM THE SKATING DIRECTOR IS REQUIRED BEFORE REGISTERING.

ALL SKATERS MUST ATTEND BOTH ON AND OFF ICE SESSIONS.

IF YOU HAVE ANY QUESTIONS REGARDING WHERE TO REGISTER YOUR SKATER, PLEASE CONTACT YOUR COACH OR THE SKATING DIRECTOR