



FEBRUARY NEWSLETTER

2016-2017 Skating Season

Happy February everyone! Our Winter Skating session is off to a great start! It's great to see all of our members improving and having fun on the ice!

Figure 8's Annual Ice Show is taking place on Saturday March 18th at Kenilworth Arena. Sign up sheets will be in the lobby (Kenilworth) and the dressing room (Meadows) until Feb. 6th for Pre Can and Canskaters. **Please make sure you sign your skaters up by the deadline as no late sign ups will be accepted.** Parent volunteers are also needed for each group to help with costumes. You can sign up on your skater's group sheet, or email info@figure8skating.ca if you are interested in helping. Remember that without the help of volunteers, our skaters cannot enjoy fun events like the Ice Show! :)

◀ January 2017		February 2017					March 2017 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Spring Registration Opens	2	3	4	
5	6	7	8	9	10	11 IFS Ice Show Practice Starts	
12	13 IFS Ice Show Practice Starts	14	15	16	17	18	
19	20 No Skating (Family Day)	21	22	23	24	25 Low Test Day (Privates) No skating for IFS/ Privates	
26	27	28	Notes: Ice Show Practices for Private skaters are March 6, 7, 9, 14, 16. (4:00pm-4:30pm) Skaters must attend 3/5 practices + Dress Rehearsal.				



No skating days: No skating Family Day (Feb. 20th). Normal classes will run Feb. 18th, 19th.

No skating for Privates/IFS Feb. 25th due to low test day. Skaters may make up the day on any other skating day as long as you let your coach know.

STARSKATER OF THE MONTH:

Megan Carlos has recently passed 3 tests and has improved so much since the start of the season. Great job Megan!

IFS SKATER OF THE MONTH:

Congratulations to **Alexandra Huber**. She continues to impress her coaches with her attitude and hard work. Alexandra is progressing very well and we look forward to seeing what's next for her!

Pre-Can/Canskater of the Month:

Great job **Thomas Bertrand!** Thomas is always willing to try something new and is improving all the time! He's also a great translator for our French skaters to our English coaches! Thank you and great work Thomas!

2016-2017 Executive

President:
Renee Gauvreau

Vice President:
Sandy Marsh

Treasurer:
Alexia Pulfer

Test Chairperson:
Lyrisa Payne

Secretary:
Anj Augert

Casino Representatives:
Sandy Marsh/David Doorn

Registration:
Michelle Grant

Ice Allocation:
Sandra Marsh

Skating Director:
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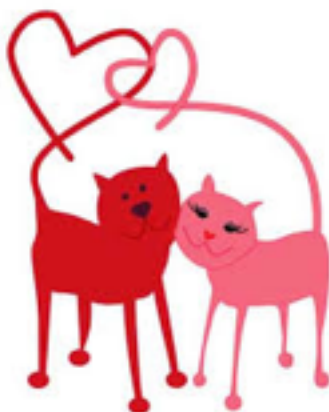
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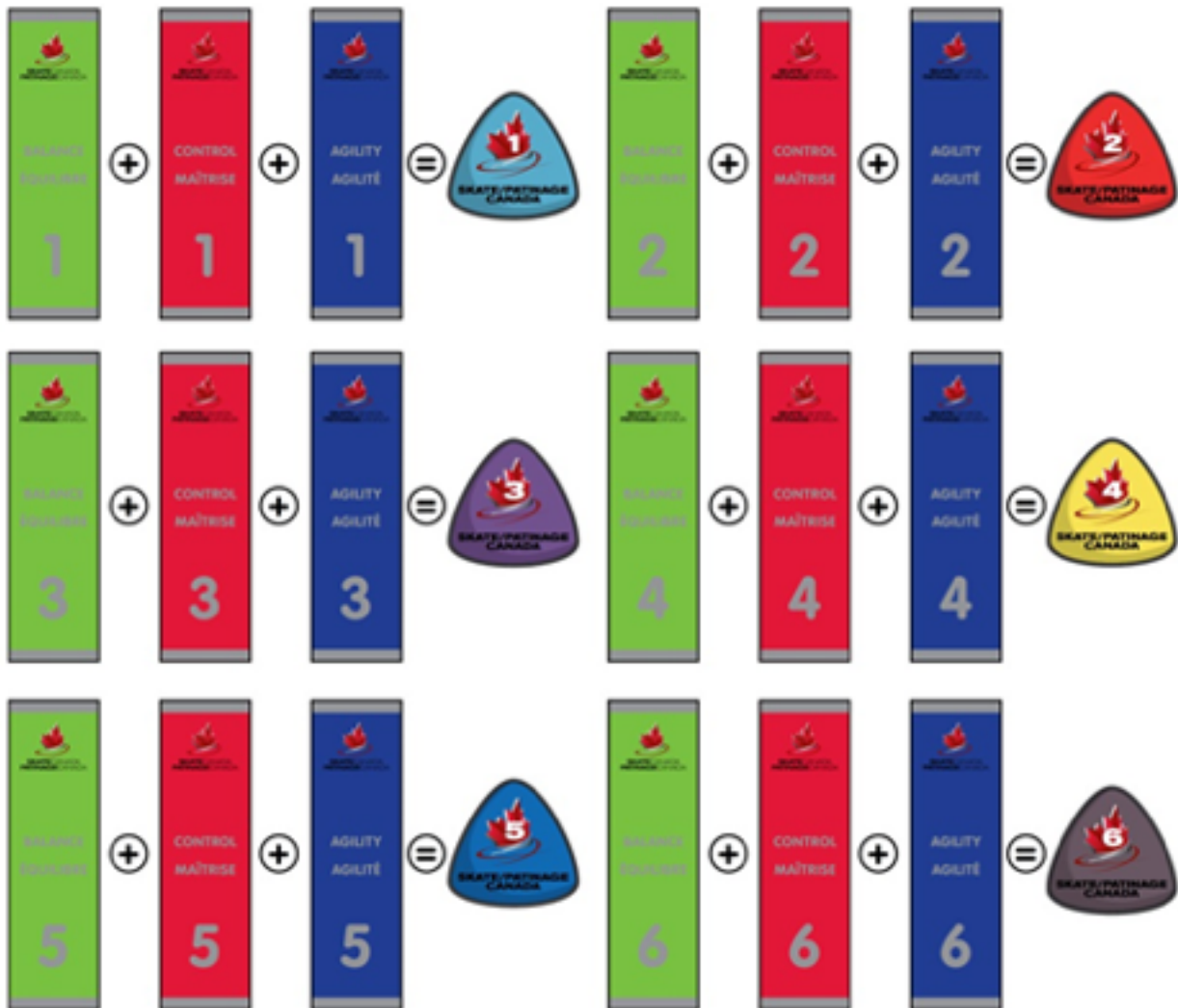
Spring Skating: Figure 8 Skating Club will be hosting spring ice this year out of Kenilworth arena. We will be running Privates, Jr. Academy, Pre Canskate and Canskate. Registration info will be posted Feb. 1st on **figure8skating.ca**

Ice Show: Our annual ice show takes place on March 18th at Kenilworth Arena. All members have the opportunity to participate! Sign up sheets will be at the rink until Feb. 6th. Please make sure you check 'yes' or 'no' to let us know whether or not your skater will be participating.



The Canskate Progression At A Glance

Skaters will progress through the six stages in Canskate at their own pace. Each stage has specific skills skaters must achieve in order to pass. Skaters work on skills in Fundamental Areas of **Balance, Agility, and Control**. Skaters will receive a ribbon for each Fundamental Area if they have completed all of the skills in it. Once skaters have completed all Fundamental areas, they will receive a badge for the complete stage passed.





SPRING SKATING SCHEDULE

April 3rd – June 6th 2017

Kenilworth arena (8313 68A Street)

Mondays (9 weeks)

April 3rd to June 5th 2017 (no skating May 22nd)

- 4 :00-5 :00 Open ice (All privates)*
- 5 :00-5 :15 Stroking (Privates and Jr Academy)
- 5 :15-6 :00 Jr Academy **
- 5 :15-6 :00 Canskate
- 5 :30-6 :00 Pre-Canskate
- 5 :30-6 :15 Off-ice: Jump Technique (Privates)*
- 6 :10-6 :40 Off-ice: Jump Technique (Jr Academy)*

Prices for Mondays :

- \$126 Privates (Jr, Int/Sr)
- \$135 Jr Academy
- \$135 Canskate
- \$ 90 Pre-Canskate
- \$166 Non-members (privates)

Tuesdays (10 weeks)

April 4th to June 6th 2017

- 4 :00-5 :00 Intermediate/Senior private
- 5 :00-5 :15 Stroking (Privates – Jr/Int/Sr)
- 5 :15-6 :00 Juniors
- 5 :25-5 :55 Off-ice: Fitness (Int/Sr Privates)*
- 6 :10-6 :40 Off-ice: Fitness (Jr. Privates)*

Prices for Tuesdays :

- \$124 Privates (Jr, Int/Sr)
- \$164 Non-members (privates)

Wednesdays (9 weeks)

April 5th – May 31st 2017

- 4 :00-4 :45 Open ice (All privates)*
- 4 :45-5 :15 Group class
- 5 :15-6 :00 Open ice
- 6 :10-6 :40 Off-ice: Jump Technique*

Prices for Wednesday:

\$159 Privates (Jr, Int/Sr)

\$199 Non-members (privates)

Thursdays (9 weeks)

April 6th –June 1st 2017

4 :00-5 :00 Intermediate/Senior

5 :00 -5 :15 Spin class (All privates and Jr Academy)

5 :15-6 :00 Junior and Jr Academy **

5 :30-6:00 Off-ice: Yoga (Int/Sr)

6 :10-6 :40 Off-ice: Yoga (Jr/Jr. Academy)

Prices for Thursdays :

\$112 Privates (Jr, Int/Sr)

\$135 (Jr Academy)

\$ 152 Non-members

* Open classes are for junior, intermediate and senior skaters.

** Last 15 minutes is Independent Practice

Off-ice classes are included in the price for Jr Academy and private skaters. Skaters are expected to attend off ice classes.

Definitions of levels for private skaters:

Jr Academy: Select IFS and Star 1 skaters (must have approval from Skating Director to register)

Junior: Star 1/2/3 Skills/Dance/Freeskate

Intermediate: Must have passed Sr. Bronze Skills/Dances + Star 3 Freeskate

Senior: Must have passed Jr. Silver Skills/Dance and/or Star 5 Freeskate

REGISTRATION STARTS **FEBRUARY 1ST** FOR FIGURE 8 SKATING CLUB MEMBERS AND **FEBRUARY 22ND** FOR NON-MEMBERS.

**GO TO WWW.FIGURE8SKATING.CA/REGISTRATION TO REGISTER
ONLINE**