



# DECEMBER NEWSLETTER

## 2016-2017 Skating Season

Christmas is upon us and our first session of skating is coming to an end! We have lots of events coming up in the month of December so continue to check your email for updates.

Our annual Christmas Gala will be taking place on Saturday Dec. 17th at Kenilworth Arena at 12:30pm. Our private and IFS skaters will be showcasing solos and group numbers. It is a great opportunity to come and see what they've been working on and show your support! We will be having a family skate directly before Gala from 11:30am-12:15pm. All skaters are welcome and must wear a CSA helmet unless passed Stage 5. There will be a coach on the ice to do assessments if guests would like to skate without a helmet.

The Canskate Element Event and Star 1/IFS Competition will take place on Sunday Dec. 18th at the Meadows Rec Centre. Skaters will receive evaluations, certificates, and ribbons! Last day to hand in forms is Dec. 5th. No late registrations will be accepted.

If you haven't yet registered for the winter session, please do so soon as classes are filling up quickly! You can do so through by clicking [here](#).

◀ November 2016							December 2016							January 2017 ▶						
Sun		Mon		Tue		Wed		Thu		Fri		Sat								
								1		2 Edmonton Region Open Competition		3 Edmonton Region Competition								
4 Edmonton Region Open Competition		5		6		7		8		9		10 Low Test Day (No skating for privates/IFS) Last day of Canskate								
11 Last day of Canskate		12		13		14		15 Last day of IFS		16		17 Family Skate @ 11:30am/ Christmas Gala @ 12:30pm								
18 IFS/Star 1 Competition and Canskate Element Event		19 Last day IFS/ Last day of Canskate		20 Last day Privates		21		22		23		24								
25		26		27		28		29		30		31								

**Winter Session:** First day of skating for Canskate/Private/IFS is Saturday Jan. 7th. You can register at <http://figure8skating.ca/registration/>.

**STARSKATER OF THE MONTH:**

**Karrisa Dorn** and **Teagan**

**Kadatz** have tied for this month's Skater of the Month! Karissa is a very hard worker and has a great attitude which has resulted in her landing two new jumps this month! Way to go Karissa! Teagan is always willing to try new things and her attitude on the ice has been fantastic! You can really tell she has a love for skating. :) Good job Teagan!

**IFS SKATER OF THE MONTH:**

**Mckenna Lindberg-Blais** has improved so much already this season! She has already passed her Stage 5 and has been one of our skaters selected to be in the new 'Jr. Academy' program. Great job Mckenna!

**Pre-Can/Canskater of the Month:**

Great job **Olivia Krol!** This skaters has really shown improvement and we are looking forward to seeing what she accomplishes next! She is looking more than ready to become one of our next figure skaters!

**2016-2017 Executive**

**President:**  
Renee Gauvreau

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Lyrisa Payne

**Secretary:**  
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**Casino Representatives:**  
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Good luck to all skaters who are competing the first weekend in December at the Edmonton Region Open and to all skaters testing on our low test day on Dec. 10th!



## The Canskate Progression At A Glance

Skaters will progress through the six stages in Canskate at their own pace. Each stage has specific skills skaters must achieve in order to pass. Skaters work on skills in Fundamental Areas of **Balance, Agility, and Control**. Skaters will receive a ribbon for each Fundamental Area if they have completed all of the skills in it. Once skaters have completed all Fundamental areas, they will receive a badge for the complete stage passed.

