

Ashlee is truly passionate about skating and developing each athlete to the best of their ability. Her goal as a coach is to provide each skater with the tools necessary to reach their full potential, all while instilling a love and enjoyment for the sport of figure skating. Her skaters will not only learn the physical skills involved with skating, but also mental skills that will transfer over into their daily lives. They will learn to set and achieve realistic goals, how to handle each success and failure, and they will develop confidence in themselves as a skater and a person. In her 11 years of coaching, her passion for the sport has allowed her to coach not only in Canada, but in Australia and Asia as well.

Ashlee's other interests include nutrition, fitness, travel, yoga, and meditation.