



APRIL NEWSLETTER

2016-2017 Spring Skating Season

Spring is here! With the cold (hopefully!) behind us and the warmth in the air, it is time to start a new skating session! All skaters begin their sessions on Monday April 3rd.

Figure 8 Skating Club will be hosting it's Annual General Meeting on May 9th at 7pm at the Ottewell Community League. The meeting will consist of voting in any new board members, recognizing volunteers, and giving out awards to Starskater, Canskater, Intro to Figure Skating, and Program Assistant of the year. There will be a potluck and organized games for kids. It is a great opportunity to show your support and to see if there are any volunteer roles you may be interested in!

A reminder that professional photographs are booked for this Thursday, April 6th from 6-7 pm. Here is the schedule:

- Coaches 6:00 pm
- Intermediate/Seniors 6:00 pm
- Juniors 6:15 pm
- Jr Academy/IFS 6:30 pm
- CanSkate/PreCanSkate 6:45 pm

Please ensure your skater is in their skates and ready to go 10 minutes prior to their scheduled time. If you have not yet paid the \$18, please pay at the office or to Sherry Prokopuk.

◀ March 2017		April 2017					May 2017 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
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2	3 Classes begin for all skaters	4	5	6 Professional Photography Day	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21 Sunsational Competition	22 Sunsational Competition	
23 Sunsational Competition	24 Party Time! Theme Day for Canskate/ Pre Canskate	25	26	27	28	29	
30	Notes:						



Spring Session: First day of skating for Canskate/Private/Jr. Academy is Monday April 3rd. You can register at <http://figure8skating.ca/registration/>.

No Skating Days:

No skating Monday May 22 due to the long weekend. Note that there is regular skating on Easter Monday.

Spring Off Ice (Privates/Jr Academy):

Off ice classes are an important part of training as a figure skater. It helps skaters develop their power, agility, jumps, and endurance. Skaters are expected to attend off ice classes.



Good luck to all skaters who are competing at Sunsational April 21-23!

2016-2017 Executive

President:
Renee Gauvreau

Vice President:
Sandy Marsh

Treasurer:
Alexia Pulfer

Test Chairperson:
Lyrisa Payne

Secretary:
Anj Augert

Casino Representatives:
Sandy Marsh/David Doorn

Registration:
Michelle Grant

Ice Allocation:
Sandra Marsh

Skating Director:
Ashlee Roger

Club Coaches

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Canskate Coaches:

Alexandra Marsh

Brielle Pulfer

Ana Sotelo Alfaro



The Canskate Progression At A Glance

Skaters will progress through the six stages in Canskate at their own pace. Each stage has specific skills skaters must achieve in order to pass. Skaters work on skills in Fundamental Areas of **Balance, Agility, and Control**. Skaters will receive a ribbon for each Fundamental Area if they have completed all of the skills in it. Once skaters have completed all Fundamental areas, they will receive a badge for the complete stage passed.

