



## MARCH NEWSLETTER

### 2015-2016 Skating Season

March is upon us and that means it's time for our annual ICE SHOW! The Ice Show is an event where all of our skaters get to showcase the skills they have been working on all year in a choreographed routine. Skaters will be skating to music that goes with our 'Candy Land' theme. This is a great opportunity to invite family and friends to come out and enjoy what is sure to be a fun and exciting day for all of our skaters!

Dress Rehearsal will be taking place on **Monday March 14th at Kenilworth Arena**. Please see the last page of the newsletter for a schedule for the dress rehearsal. **It is very important that your skaters be there on time and ready to go as there are a lot of routines to get through and it is important we stay on schedule.** We are looking for helpers to put up decorations on **March. 19th from 10:30am-12:30pm**. There will be subway for lunch after for anyone who comes to help. :\_

Assessments for all of our group classes have been taking place and your skater will be receiving their report cards on the following days:

**Monday Canskate/PreCanskate/IFS: March. 7th (last day of normal classes)**

**Saturday Canskate/PreCanskate/IFS/Adults: March. 12th (last day of normal classes)**

**Sunday Canskate/PreCanskate/IFS: March. 13th (last day of normal classes)**

**Thursday IFS: March 117th (last day of normal classes)**

◀ February 2016						
March 2016						
April 2016 ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Low Test Day Private Skaters	2	3	4	5
6	7	8	9	10	11	12
13 All classes at Kenilworth Arena today!	14 Dress Rehearsal @ Kenilworth	15	16	17	18	19 Ice Show 12:30-2:30pm @ Kenilworth
20 Centralized High Test Private Skaters	21	22	23	24	25	26

**Schedule Changes:** Sunday March. 13th classes will run out of Kenilworth Arena due to a hockey tournament at the Meadows. Normal scheduling times apply.

**STARSKATER OF THE MONTH:**

Congratulations to **Kennedy Grant!** She is a skater who always has a positive attitude and is always up for trying new (and more difficult!) things! Way to go Kennedy!

**IFS SKATER OF THE MONTH:**

**Ryan Djukich** is one of our new IFS skaters and has shown the coaches what you can achieve with willingness and a great attitude! He's a super keen skater and a pleasure to teach! Great job!

**Pre-Can/Canskater of the Month:**

Great job **Abigail Navarro!** Abigail is in our Sunday Pre Can class and her positive demeanour is infectious! She never stops smiling and enjoys each minute she is on the ice!

**Annual General Meeting:**

Figure 8 Skating Club will be hosting it's Annual General Meeting on May 10th at the Meadows Recreation Centre from 5-8pm. This will be a potluck dinner so if you would like to attend, please email the club at [info@figure8skating.ca](mailto:info@figure8skating.ca) to confirm your attendance.

**2014-2015 Executive**

**President:**

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**Coaches**

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Alexandra Marsh and Brielle Pulfer both competed in the 2016 Starskate Championships in Feb. and represented the club wonderfully. Alex placed 7th/27 in Interpretive and 9th/50 in Freeskate. Brielle placed 6th/27 in Interpretive and 1st/50 in Freeskate. Way to go girls!!!

# The Canskate Program At A Glance

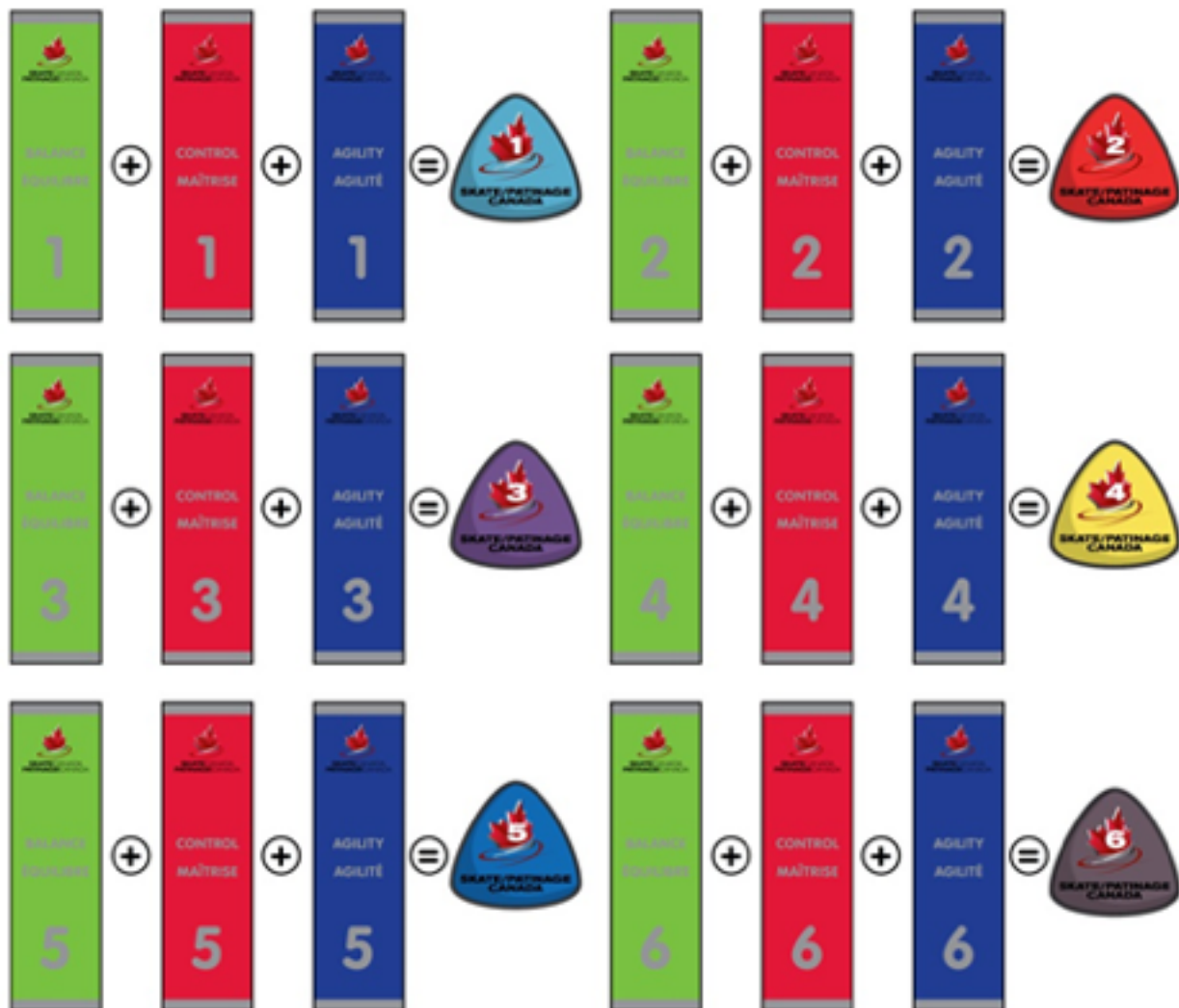
The CanSkate program curriculum is organized into three Fundamental Areas, divided into six stages of learning. Skaters rotate through the different Fundamental Stations, using the FAST TRACK in between stations as a way to develop speed.

## The Fundamental Areas are:

- **Balance:** Concentrating on most forward skills, pushing technique and edges.
- **Control:** Concentrating on most backwards skills, stopping and speed elements.
- **Agility:** Concentrating on most turning and jumping skills.

## The awards consist of:

- Three Fundamental Area ribbons for each stage
- Six stage badges.



## **Dress Rehearsal Schedule @ Kenilworth Arena Monday March. 14th**

**4:00pm-5:15pm: Private Skaters (Solos and Group Routines) and IFS**

**5:15pm-5:45pm: Saturday Canskate and Pre Canskate**

**5:30pm-6:00pm: Sunday Canskate and Pre Canskate**

**5:45pm-6:45pm: Monday Canskate and Pre Canskate**

**\*\*\*When you arrive at dress rehearsal, you will receive your costumes (if you have not yet received them) in the meeting room in the lobby.**

**Once you have received your costume, please have your skater ready with skates and costume on in the stands by the ice surface. There will be group signs for where they should sit.**